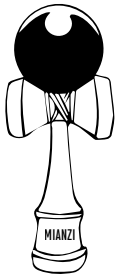
PRACTICE TRICK LIST

KENDAMA

Beginner



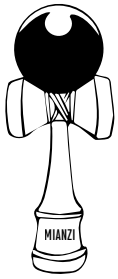
Name:

TRICK SET	LACED ✅	TRYS	TIME TO LACE	SPOT	DATE/HOUR	LACED TIMES 10/10	OBSERVATIONS
BIG CUP							
SMALL CUP							
BASE CUP							
PULL UP SPIKE							
SWING SPIKE							
FRYING PAN							
PENGUIN BASE CUP							
BIG CUP CLACK BACK BIG CUP							
BIG CUP, ORBIT BIG CUP							
BIG CUP, KNEE BOUNCE BIG CUP							
BIG CUP BUNGIE BIG CUP							
SMALL CUP BUNGIE SMALL CUP							
BASE CUP BUNGIE BASE CUP							
FASTER THAN GRAVITY							
BIG CUP, KENFLIP, BIG CUP							
SPIKE, EARTH TURN							
PULL UP BIRD SPIKE							
AROUND JAPAN							
AROUND THE BLOCK							
BIG CUP SARA GRIP							
SMALL CUP SARA GRIP							
BASE CUP SARA GRIP							
MOSHIKAME X 5							
BASEBALL							
DOWNSPIKE							
BIG CUP,CLACK BACK SARA GRIP							
AIRPLANE							
AIRPLANE J-STICK							
PULL UP LIGHTHOUSE							
STUNT PLANE							

PRACTICE TRICK LIST

KENDAMA

Intermediate



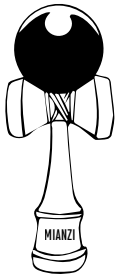
Name:

TRICK SET	LACED ✅	TRYS	TIME TO LACE	SPOT	DATE/HOUR	LACED TIMES 10/10	OBSERVATIONS
SWING SPIKE , EARTH TURN							
AROUND WORLD							
AROUND EUROPE							
PULL UP BIRD FLIP SPIKE							
INWARD PULL UP SPIKE INWARD EARTH							
FRYING PAN ,SLIDE							
PENGUIN BASE CUP SPIKE							
PULL UP KENFLIP SPIKE							
SWING BIRD SPIKE							
PULL UP SMALL BIRD							
SPIKE BUNGIE SPIKE							
SPIKE FAST HAND							
BIG CUP REGULAR ORBIT REVERSE ORBIT SPIKE							
HANDLE STALL, SPIKE							
BIG CUP TURNTABLE SPIKE							
HANGING SPIKE							
BIRD OVER THE VALLEY SPIKE							
DOWNSPIKE , BIG CUP DOWNSPIKE							
DOWNSPIKE , BASE CUP DOWNSPIKE							
DOWNSPIKE , SMALL CUP DOWNSPIKE							
AROUND DOOWNSPIKE							
SWING PENGUIN SARAGRIP SPIKE							
AIRPLANE LIGHTHOUSE IN							
LIGHTHOUSE INW IN							
LUNAR, IN							
INW LUNAR, INW IN							
AIRPLANE CUSH IN							
1 TURN LIGHTHOUSE IN							
1 TURN IN							
AIRPLANE TAP FLIP IN							
AIRPLANE INW J-STICK							
UNDER BIRD SPIKE							
CANDLE OVER UNDERBIRD SWAP SPIKE							

PRACTICE TRICK LIST

KENDAMA

Intermediate +



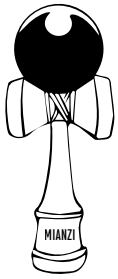
Name:

TRICK SET	LACED ✅	TRYS	TIME TO LACE	SPOT	DATE/HOUR	LACED TIMES 10/10	OBSERVATIONS
PULL UP SPIKE, 2 EARTH							
AROUND USA							
AROUND DENMARK							
SWING BIRD FLIP SPIKE							
SWING SPIKE 2 EARTH							
SWING SPIKE FAST HAND, EARTH FASTHAND							
PENGUIN BASE CUP , KENFLIP PENGUIN BASECUP ,SPIKE							
BIRD ,OVER THE VALLEY, SPIKE							
BIRD,FLIP BIRD, SPIKE							
SMALL BIRD , FLIP SMALL BIRD, SPIKE							
AROUND BUNGIE							
1 TURN SWAP KENGRIP SPIKE							
2 ORBIT BIG CUP, SPIKE							
SWING HANDLE STALL, SPIKE							
BIG CUP BUNGIE INSTA TURNTABLE SPIKE							
HANGING AIRPLANE							
DOWNSPIKE FAST HAND							
DOWNSPIKE , BIG CUP DOWNSPIKE, DOWN EARTH							
DOWNSPIKE , SMALL CUP DOWNSPIKE, DOWN EARTH							
DOWNSPIKE , BASE CUP DOWNSPIKE, DOWN EARTH							
AROUND DOWNSPIKE EARTH							
PENGUIN SARAGRIP SPIKE FASTHAND							
AIRPLANE FASTHAND LIGHTHOUSE IN FASTHAND							
1TURN LIGHTHOUSE 1,5 FLIP IN							
LUNAR IN FH							
INW LUNAR ,INW IN FH							
AIRPLANE, CUSH IN ,JSTICK							
1 TURN LIGHTHOUSE 1,5 IN							
1TURN IN J-STICK							
STUNT FASTHAND							
AIRPLANE 2 INW J-STICK							
AIRPLANE TYPHON							
LIGHTHOUSE TRADE SPIKE							

PRACTICE TRICK LIST

KENDAMA

ADVANCED 2/2



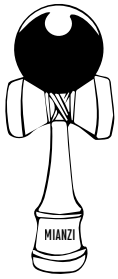
Name:

TRICK SET	LACED ✅	TRYS	TIME TO LACE	SPOT	DATE/HOUR	LACED TIMES 10/10	OBSERVATIONS
DOWNSLINGER							
SARA GRIP WING , DOWNSPIKE							
DOWNSPIKE, BASECUP , TRADE LIGHTHOUSE , TRADE DOWNSPIKE							
2 TURN LIGHTHOUSE , 1,5 IN							
1 TURN TAP LIGHTHOUSE , FLIP TAP IN							
STILT, FLIP STILT							
STILT OVER THE VALLEY INW STILT , IN							
STILT BARREL 0,5, IN							
SWING 2 TAP LIGHTHOUSE , CUSH IN							
AROUND STALLS							
1 TURN CANDLE STICK BASECUP , TRADE SPIKE							
STILT TAP FLIP IN							
1 TURN LUNAR FLIP LUNAR , SWAP SPIKE							
1 TURN CUSH IN , TAP FLIP IN , 2 FLIP CUSH IN							
AIRPLANE , TAP JUGGLE SPIKE							
FISH SPECIAL							
INW LUNAR , BACK FLIP INW LUNAR IN							
LUNAR , BACK FLIP INW LUNAR IN							
OG TAP LIGHTHOUSE , OG TAP FLIP IN							
INW LUNAR TREFLIP INW LUNAR, IN							
LUNAR , TREFLIP INW LUNAR , IN							
INW LUNAR , BARREL INW LUNAR , IN							
LUNAR , BARREL INW LUNAR , IN							
IN LUNAR, FLIP GHOST INW LUNAR INW IN							
INW LUNAR TAP FLIP INW LUNAR , FLIP CUSH INW LUNAR IN							
1,5 LUNAR , 1,5 IN LUNAR , FLIP CUSH IN							
FAST HAND LIGHTHOUSE FLIP FH LIGHTHOUSE IN							
AIRPLANE 2 TAP FLIP IN							
DOWNSPIKE 2 FLIP SWAP DOWNSPIKE							
AIRPLANE , 1-2-3 J-STICK							
AIRPLANE 1-2-3 INW J-STICK							
1 TURN LIGHTHOUSE INSTA ZERO STUNT PLANE							
STUNT PLANE 1,5 JUGGLE SPIKE							

PRACTICE TRICK LIST

KENDAMA

ADVANCED 1/2



Name:

TRICK SET	LACED ✅	TRYS	TIME TO LACE	SPOT	DATE/HOUR	LACED TIMES 10/10	OBSERVATIONS
SWING SPIKE INSTA EARTH							
AROUND INWARD USA							
BIRD TRADE DOWNSPIKE							
SWING BIRD FLIP OVER THE VALLEY ,FLIP BIRD IN							
SWING SPIKE 2 INWWARD EARTH							
SWING SPIKE FAST HAND, KENOBI							
PULL UP JUGGLE SPIKE							
SMALL BIRD , HANDLE STALL , SPIKE							
BIRD, HANDLE STALL , SPIKE							
BIRD, FLIP BIRD, OVER THE VALLEY , FLIP SMALL BIRD , FLIP IN							
HANDLE STALL FLIP HANDLE STALL SPIKE							
1 TURN SWAP KENGRIP JUGGLE SPIKE							
AROUND WHIRL WIND							
SWING HANDLE PENGUIN STALL , FLIP BIRD , SPIKE							
BIG CUP , TURN TABLE FALL SPIKE							
PULL UP HANGING STUNT FASTHAND							
DOWNSPIKE FAST HAND, AMERICAN DOWNSIPIKE FASTHAND							
SARA GRIP HANDLE STALL, , TRADE SPIKE							
SWING GUNS LINGER SPIKE , WHIRLSLINGER							
GUNSLINGER BIRD , SPIKE							
PULL UP KENFLIP , GHOST LH, IN							
PULL UP KENFLIP TOSS LIGHTHOUSE, IN							
PULL UP TOSS CUSH LIGHTHOUSE , STUNTPLANE							
BIG CUP , 1-2-3 KENFLIP BIGCUP , SPIKE							
PULL UP GHOST JUGGLE SPIKE							
5 JUGGLE SPIKE							
PULL UP TOSS INW LIGHTHOUSE , IN							
PULL UP KEN TO KEN SPIKE							
PULL UP JUGGLE LATE KENFLIP SPIKE							
PULL UP TOS LUNAR , FLIP IN							
PULL UP GHOST LUNAR , FLIP IN							
0,5 IN , 0,5 IN							
AIRPLANE 1,5 , 1,5 IN							